# Shepherds Camp Summer 2024

### 1 WEEK, 2 WEEK & 1:1 SESSIONS

Est. 1962







Serving individuals with developmental disabilities since 1962.

## **Shepherds Camp Summer 2024**

We are excited to see you this summer! Check out this important information.

Dear Campers, Parents, and Care Providers,

Guess what? It's almost summer again!! We have been having lots of fun with our fall and winter indoor activities the past few months, but I am SO excited to get back outside in the warm weather with you to go on boat rides, drive the pedal carts, and hang out on the swings! We also now have an awesome new wheelchair accessible balcony in the gym for campers to hang out on during the rainy summer days!

Summer 2024 registration is now OPEN for campers to sign up! Please remember to read the following instructions regarding the registration process.

**SCHOLARSHIPS:** We are excited to offer scholarships to our campers and invite you to apply. Contact us to request an application.

**SECURING YOUR SESSION:** In order to secure your spot we need the following 3 things: a completed registration form, a \$100 deposit, and a copy of an updated physical (or date of the scheduled physical, written at the bottom of page 2 of the forms).

**CONFIRMATION:** Once we have received all of the required items, a confirmation form will be sent with the session dates your camper is registered to attend. Please read through the information on the form to make sure it is accurate. Then, complete and return the enclosed medical forms

**IDENTIFYING CAMPER CLOTHING:** Please remember to write your camper's full name or initials on the tag of each clothing item. We want to ensure that all camper clothing is sent home at checkout.

I can't wait to see all my friends back at camp this summer! It's going to be a great one!

Blessings

Summer James *Program Manager* 

SPRING SASSIONS

Choose from 14 spring weeks of camp. Hurry, spring sessions are filling up quick!



## Shepherds Camp 2024 Summer Registration Form

\*\*\*Registration form, physical within 1 year of camp date, and \$100 deposit are required to reserve a space.

| Camper  |  | Age  | _ □M□F DOB   | _//                                   |  |
|---|--|--|--|---------------------------------------|--|
| Address   |  | Phone (  | )  |                                       |  |
| AddressState  | Zip Co   | unty   |  |                                       |  |
| Adult T- Shirt Size: (Circle One                                | e) 3XL XXL XL L  | M S Ni   | ckname   |                                       |  |
| Has the camper attended Arrow                                   | vhead before? ☐ Yes ☐  | No Last ye   | ar attended: □ 2023                                | 3 🗆                                   |  |
| Care Provider   |  |  |  |                                       |  |
| Home Phone ( )  | Cell Phone (   | )  |  |                                       |  |
| Home Phone ( )<br>Address                                       | City   | ·  | State Zip_   |                                       |  |
| Care Provider E-mail address _                                  |  |  |  |                                       |  |
| Relationship to Camper: (FCP,                                   |  |  |  |                                       |  |
| Camper receives services from My camper is an OPWDD indiv       | (name or agency)<br>idual ( <b>required - pleas</b> )                                | circle one   | · VES / NO   |                                       |  |
| ing camper is an Or WDD indiv                                   | iduai (r <b>equired - piease</b>   | circle one <sub>)</sub> .  | . 123/NO   |                                       |  |
| Please Check Program(s) Des                                     | sired:   |  |  |                                       |  |
| 1 Week Programs   | \$800 / person<br>(Check-out 10 AM)  | 2 Week   | Programs   | \$1,600 / person<br>(Check-out 10 AM) |  |
| ☐ Sunday, May 26th - Friday, M                                  | Mav 31 <sup>st</sup>   | □ Sunday,  | May 26 <sup>th</sup> - Friday, J                   | une 7 <sup>th</sup>                   |  |
| □ Sunday, May 20 - Friday, May 31                               |  | □ Sunday, June 23 <sup>th</sup> - Friday, July 5 <sup>th</sup>   |  |                                       |  |
|   |  | □ Sunday, July 21 <sup>st</sup> - Friday, August 2 <sup>nd</sup> |  |                                       |  |
|   | - Suriday, July 21 - Friday, August 2  |  |  |                                       |  |
| Registration Fee: \$100.00 (no Remaining Balance: \$700.00      | •  | _  | <i>n Fee:</i> \$100.00 (nor<br>Balance: \$1,500.00 | •                                     |  |
|   | 1:1 Pro  | grams  |  | \$1,850 / person                      |  |
|   | [open to campers who   | _  | lividual care]                                     | Check-in 10AM,                        |  |
|   | ☐ Monday, May 20 <sup>th</sup> -   |  |  | Check-out 1:30PM                      |  |
|   | ☐ Monday, June 10 <sup>th</sup> -  | •  |  |                                       |  |
|   | ☐ Monday, June 17 <sup>th</sup> -  | •  |  |                                       |  |
|   | • •  | • •  |  |                                       |  |
| ☐ Monday, July 15 <sup>th</sup> - Friday, July 19 <sup>th</sup> |  |  |  |                                       |  |
|   | ☐ Monday, August 5 <sup>th</sup> -   | - Friday, Aug  | just 9"  |                                       |  |
| Registration Fee: \$10  | 00.00 (non-refundable)   | Remaining E  | Balance: \$1,750.00                                | Due: May 11 <sup>th</sup>             |  |
| Please contact the  | e main office today fo   | r information  | on on Camper Sch                                   | nolarships!                           |  |
|   | e check or money order pay<br>amp, Arrowhead Bible Camp<br>-2419 Fax- (570) 663-2903 | o, 122 Arrowhe   | ad Cottage Rd., Brackı                             | ney, PA 18812<br>.shepherdscamp.org   |  |
| Rec'd: M1: M  | 2: PRN: MA: Amo  | ount:  | Check #:   | E: C:                                 |  |

NOTE: While this camper may have attended camp in the past, his/her counselor for the session may be new to them.

Please complete the following information thoroughly to assist us in caring for your individual's unique needs.

| Activities of Daily Living:   |                     |                  |  |  |  |  |
|---|---------------------|------------------|--|--|--|--|
| Independen  | t Assistance        | Total Care       | Please specify assistance required                   |  |  |  |
| Dressing  |                     |                  |  |  |  |  |
| Showering   |                     |                  |  |  |  |  |
| Brushing Teeth □  |                     |                  |  |  |  |  |
| Shaving   |                     |                  |  |  |  |  |
| Using Toilet □  |                     |                  |  |  |  |  |
| Washing Hands and Face □  |                     |                  |  |  |  |  |
| Tying Shoes □   |                     |                  |  |  |  |  |
| Menstruation (women only) □   |                     |                  |  |  |  |  |
| ` · · · · · · · · · · · · · · · · · · ·   |                     |                  |  |  |  |  |
| Camper uses:   Glasses   Hearing  | Aids   Dentures   ( | Orthopedic Devic | ce (explain in Mobility)   Other:                    |  |  |  |
| Toileting & Overnight Care:   |                     | Mobility:        |  |  |  |  |
| Camper requests to stay in: □ Cabin   | □ Dorm              | Walking:         | □ Normal □ Slow □ Unsteady □ No Walking              |  |  |  |
| (if requesting a dorm, camper must be able to   |                     | 1 1              | □ Walker □ No Stairs □ Prone to Wander               |  |  |  |
| Bunk with:  |                     | 1 1              | nair:   Electric   Manual   Always   Distance        |  |  |  |
| Do NOT bunk with:   |                     |                  | Orthopedic Device: (Explain)                         |  |  |  |
| □ Needs Bedrails  |                     |                  | Orthopedic Device. (Explain)                         |  |  |  |
| □ Uses CPAP/Oxygen Concentrator   |                     | Transfer /       | Assistance: - Independent - 1 Person Assist          |  |  |  |
| Wets Bed: □ <i>Never</i> □ <i>Occasionally</i> □  | Frequently          |                  | Transfer Assistance: □ Independent □ 1-Person Assist |  |  |  |
| How is bed-wetting handled?   |                     |                  | □ 2-Person Assist □ Hoyer Lift                       |  |  |  |
|   |                     | Other:           |  |  |  |  |
| Wears Diapers:   Never   Nightly     Nightly     Nightly     Nightly     Nightly     Nightly     Nightly     Nightly      Nightly      Nightly        Nightly          Nightly | •                   | 0                |  |  |  |  |
| □ Uses Commode/Portable Urinal at   | Night               | Commun           |  |  |  |  |
| □ Sleeps through the night  |                     |                  | Speech   Impaired Speech   No Speech                 |  |  |  |
| □ Needs to be awakened to use the   | toilet              | 1 1              | nguage □ Communication Device/Book                   |  |  |  |
| □ Hourly bed checks   |                     | □ Normal         | Hearing □ Hearing Impaired □ Deaf                    |  |  |  |
| Bowel Routine:  |                     | _                | Sight □ Vision Impaired □ Legally Blind              |  |  |  |
| Other:  |                     | Other:           |  |  |  |  |
| Behavior:   |                     |                  |  |  |  |  |
|   | )aaaiya — Dahayaa   | – Dahalliawa – F | Double in a top - Compare time - Cturb hours         |  |  |  |
| · · · · · · · · · · · · · · · · · · ·   |                     |                  | Participates □ Cooperative □ Stubborn                |  |  |  |
| □ Quiet □ Loud □ In need of constan   |                     |                  | <u> </u>   |  |  |  |
| Follows Directions: circle Yes / No □ Needs Time to Process □ Needs Reminders/Cues □ Needs Physical Assistance  |                     |                  |  |  |  |  |
| History of Aggression: circle Yes / No □ Verbal □ Physical against Peers/Staff □ Self-Injurious □ Other   |                     |                  |  |  |  |  |
| Note: For the safety of all campers and staff, individuals who exhibit extreme aggressive behavior will need to undergo a screening process before accepted into the camp program.  |                     |                  |  |  |  |  |
| Exhibits extreme aggressive behavior: circle Yes/ No  |                     |                  |  |  |  |  |
| If this camper has a behavior support plan, please provide a copy for camp staff.   |                     |                  |  |  |  |  |
| What provokes or precedes the aggressive behavior?  |                     |                  |  |  |  |  |
|   |                     |                  |  |  |  |  |
| What interventions correct the aggressive behavior?   |                     |                  |  |  |  |  |
| Describe any fears the camper may have:   |                     |                  |  |  |  |  |
| Describe the camper's personality on a typical day:   |                     |                  |  |  |  |  |
| What assistance/prompts do you commonly give the camper:  |                     |                  |  |  |  |  |
| History of inappropriate behavior to the opposite gender:   |                     |                  |  |  |  |  |
| How does this camper act when upset or angry?   |                     |                  |  |  |  |  |
| Other:  |                     |                  |  |  |  |  |
| Physical / Medical Information: Please enclose completed medical and physical form with the Application/Registration Form. Please note that completed medical and physical forms are needed in order to complete the registration process.  |                     |                  |  |  |  |  |
| NOTE: If you are unable to do so ple  |                     |                  |  |  |  |  |
| Reason:   |                     |                  | Date Scheduled:                                      |  |  |  |

| Eating:  □ Eats Independently  | ¬ Noods ∧      | ssistanco Fati                    | na □ Foodina <sup>-</sup>         | Fubo:                |          |             |                        |  |
|--|----------------|-----------------------------------|-----------------------------------|----------------------|----------|-------------|------------------------|--|
|  |                | انهادی: این اداده<br>Pieces این ا |                                   |                      |          |             | □ Meat Cut <i>Only</i> |  |
| Liquids:   Thin  |                |                                   |                                   | .63 🗆 🔾 1            | ourid    | □ I diec    | inteat out only        |  |
| □ Overeats □ PICA □ U  |                | -                                 | -                                 | lay Tako Fo          | od from  | Others - No | ade Varhal Prompte     |  |
|  |                |                                   |                                   |                      |          |             |                        |  |
| ·  |                | •                                 |                                   | -                    | ,        |             |                        |  |
| Food Restrictions:   |                |                                   |                                   |                      |          |             |                        |  |
| Other:   |                |                                   |                                   |                      |          |             |                        |  |
| YES / NO (REQUIRED - CIRCLE ONE) OPWDD Food Modifications:  Camper is an OPWDD Individual and their diet must conform to the OPWDD Food Regulations.   |                |                                   |                                   |                      |          |             |                        |  |
| If Yes, Describe:  |                |                                   |                                   |                      |          |             |                        |  |
| If Yes, Eating Strateg   | gies:          |                                   |                                   |                      |          |             |                        |  |
|  |                |                                   |                                   |                      |          |             |                        |  |
| Swimming: Note: A L  | ifeguard is    | on duty at all                    | times                             | Program Ir           | nformati | on:         |                        |  |
| □ Enjoys Water □ Fears Water   |                |                                   |                                   | Favorite Activities: |          |             |                        |  |
| □ Swims Independently □ No Swimming  |                |                                   | Goals/Objectives being worked on: |                      |          |             |                        |  |
| □ Needs 1:1 Supervision in Water   |                |                                   | Fourite Co                        |                      |          |             |                        |  |
| Boats (Accompanied by Staff & Wearing Life     Indicate at all times)  |                |                                   | Favorite Song:                    |                      |          |             |                        |  |
| Jacket at all times)   |                |                                   | Favorite Food:Favorite Chore/Job: |                      |          |             |                        |  |
| □ Snallow End Swimming (0-4 feet deep) □ Deep End Swimming (over 6 feet deep)  |                |                                   | Dislikes:                         |                      |          |             |                        |  |
| □ Must wear life jacket in shallow end   |                |                                   | □ Attends School: Grade & School  |                      |          |             |                        |  |
| □ Must wear life jacket in deep end  |                |                                   | □ Employed: Type & Location       |                      |          |             |                        |  |
| Other:   |                |                                   | Other:                            |                      |          |             |                        |  |
| Health:  Allergies:  Obesity Diabetes Asthma Blood Clotting Disorder Seizures Frequent UTI Frequent Constipation  Frequent Diarrhea Recent Illness/Injury/Hospitalization:  Allergy to Bee Stings or Insect Bites? Describe Reaction & Treatment:  |                |                                   |                                   |                      |          |             |                        |  |
|  |                |                                   |                                   |                      |          |             |                        |  |
| Does this camper sunburn easily?   Yes No If Yes, list restrictions:  Should this camper suicid exertion due to heart or other health capacita?  |                |                                   |                                   |                      |          |             |                        |  |
| Should this camper avoid exertion due to heart or other health concerns?   |                |                                   |                                   |                      |          |             |                        |  |
| Describe additional health concerns that may fillider this camper's participation.   |                |                                   |                                   |                      |          |             |                        |  |
| Other:   |                |                                   |                                   |                      |          |             |                        |  |
| Activity Restrictions:  Please review the following camp activities and determine whether this camper has permission to participate. Contact the camp office with any questions. All activities are closely supervised and modified to fit the camper's individual ability level. Check 'yes' if camper is allowed to participate in activity, check 'no' if camper is restricted from activity. |                |                                   |                                   |                      |          |             |                        |  |
| Adaptiva Arabani   | п Vоо          | □ No                              | Basketball                        | □ Yes                | □ No     |             |                        |  |
| Adaptive Archery Volleyball  | □ Yes<br>□ Yes | □ No                              | Nature Walk                       |                      | □ No     |             |                        |  |
| Kickball   | □ Yes          | □ No                              | Fishing                           | .s ⊔ res<br>□ Yes    | □ No     |             |                        |  |
| Hay Ride (No Hay)  | □ Yes          | □ No                              | Bowling                           |                      | □ No     |             |                        |  |
| Mini Golf  | □ Yes          | □ No                              | Bocce Ball                        | □ Yes                | □ No     |             |                        |  |
| Pedal Carts  | □ Yes          | □ No                              | 9 Square                          | □ Yes                | □ No     |             |                        |  |

#### ALL INFORMATION BELOW NEEDS TO BE UPDATED AND RELEVANT AT CHECK-IN Emergency Contact Person - 24-hour coverage - Person other than primary care provider who will be contacted in the event that the camper needs to be picked up early from camp: Other names/numbers: Is the primary care provider planning to be away during the camp sessions? □ No, the primary care provider will be the contact person during the camp session. ☐ Yes, and the PCP has informed the 24-hour contact person listed above that they will be on call and responsible. 13. Permission/Medical Release/Authorization for Treatment (The following must be signed by custodial parent/quardian, care provider, or camper if self-quardian) A. I, as an individual, parent, guardian, or appointed representative of the individual, understand that Arrowhead Ministries, Inc., henceforth referred to as "AMI", takes reasonable efforts to operate and conduct activities in a safe and responsible manner. These recreational activities include but are not limited to those named in this registration packet. I understand that these activities and the actions or inactions of other program individuals involve certain inherent risks. I recognize these risks and agree to assume all liability for these risks by allowing the individual to attend AMI's camp and participate in such programs and activities. I hereby release, indemnify, and hold harmless AMI, its officers, agents, employees, and all others from all liability and damages for injury, illness, and or death sustained by the individual relating to or deriving in any way from participation in aforementioned programs and activities, whether arising from an act of omission to the fullest extent permitted by law. B. I, as an individual, parent, guardian, or appointed representative of the individual, understand AMI generally provides supervision of the individual in a 5:1 individual to staff ratio for all programs and activities, unless 1:1 is specified. C. I, as an individual, parent, guardian, or appointed representative of the individual, hereby certify that I will accept emergency care offered by AMI for injury or illness. I hereby acknowledge that the designated first aid person/hospital in charge may perform emergency care and I hereby grant permission to AMI to release any medical information required by said parties and do hereby give permission for treatment. I understand that medical care will be provided according to the standard set forth by the Commonwealth of Pennsylvania and said designated first aid person is protected under the Good Samaritan Act. I acknowledge that all medications will be administered by AMI's nurse and hereby consent to treatment for minor illnesses as deemed necessary. I hereby give my permission to the medical personnel selected by the camp staff to order x-rays, routine tests, treatment, and necessary transportation for the above named individual. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp staff to secure and administer treatment, including hospitalization, for the individual as named above. E. I attest to the fact that the above named individual is free of any communicable disease prior to attending camp, or I have spoken with the Camp Nurse and Program Manager to ensure safety. F. I. as an individual, parent, guardian, or appointed representative of the individual, hereby grant AMI permission to use any narratives, film, photographs, videotape, sound, and digital recording of any kind made by AMI of the aforementioned individual for the promotion of its programs and services in any publication or media outlet including website entries, without payment or any other consideration. I understand and agree that these materials will become the sole and exclusive property of AMI. I irrevocably authorize AMI and its agents to edit, alter, copy, exhibit, publish, distribute, or otherwise use any of aforementioned individual's likeness derived above for the purposes of publicizing Arrowhead's programs or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product including written or electronic copy, wherein the individual's likeness appears. Additionally, I waive my right to royalties or other compensation arising or related to the use of any likeness. I hereby hold harmless and release and forever discharge AMI from all claims, demands, and causes of action which I, the aforementioned individual, heirs, representatives, executors, administrators, or any other persons acting on the individual's behalf or on the behalf of the individual's estate have or may have by reason of authorization. ☐ By checking this box and signing below, I agree to have read and understood all information on this form and have completed all forms to their fullest. Care Provider Signature: \_\_\_\_\_ Print name:

CONTACT INFORMATION- Campers will not be admitted without completed emergency contact

After review of the preceding information, the camp program manager will make a decision regarding acceptance into the camp program. All necessary paperwork must be completed, signed, and submitted by May 13<sup>th</sup>. If the camper is accepted, you will receive a confirmation letter, medicine administration form, and list of what to bring to camp. The primary care provider will be contacted if the camp program manager has any concerns regarding acceptance. The registration fee will be refunded if the camper is denied acceptance to the program.



### 2024 MEDICAL INFORMATION CARE PROVIDER'S FORM

| Camper  | Age   |  |
|---|---|--|
| Phone ( )   | <del>-</del>  |  |
| Parent/ Guardian /                                    | Care Provider Name(s)                               |  |
| Insurance   | Policy #  | <br><del>‡</del>   |
| Your Med  | icare/Medicaid coverage or personal/family ins      | #urance would apply to all claims while at camp. However,  |
|   | the camp does provide Excess M                      | edical Expense coverage.                                   |
| Physician's Name                                      | for Emergency Treatment                             | _ Phone ( )  |
| Preierred Hospital                                    | for Emergency Treatment                             | <del></del>  |
| Medical History                                       | (Diagnosis List):                                   |  |
|   |   |  |
| Diabetes: ☐ Yes                                       | , camper has Diabetes Mellitus □ <b>No</b> , camper | does not have Diabetes Mellitus                            |
|   | of Glucose Checks   Insulin Shots   I               |  |
|   |   |  |
| Communicable  | <b>Diseases:</b> □Hep A □ Hep B □ Hep C □HIV        | □ Not Applicable   Explain:                                |
| COVID-19 Histo  | rv.   |  |
|   |   | □ <b>No</b> , camper has not had COVID-19                  |
|   | s been vaccinated for COVID-19 Please provide       |  |
| ,   | <b>,</b>  |  |
| Symptoms: Plea  | ase check which problem areas experience            | ed frequently by the camper and how you treat              |
| these at home. (                                      | (Example: Diarrhea <u>give Pepto Bismol</u> )       | Allereite  |
| 0   | Dama dia a  | Allergies  |
| Symptom   | Remedies  | ☐ No Known Allergies                                       |
| □ Nausea  | <del></del>   | ☐ Known Allergies:   |
| □ Diarrhea  | <del></del>   |  |
| <ul><li>☐ Stomach-aches</li><li>☐ Headaches</li></ul> | <del></del>   |  |
| <ul><li>☐ Constipation</li></ul>                      |   |  |
|   |   |  |
| Medication:   |   |  |
|   | is regularly on medication. Please contact you      | ır camper's doctor regarding any meds, ointments,          |
| etc. that could be                                    | put on hold while at camp. A medication adm         | inistration form will be sent with the confirmation letter |
| which <u>must be com</u>                              | npleted and submitted to camp in advance of yo      | ur camp session.   |
| 0 · 1 · · · · · - · · ·                               |   |  |
|   | , camper experiences seizures ( <b>see below</b> )  | <b>No</b> , camper does not experience seizures            |
| Please inform us o<br>Date of la                      |   |  |
| - Frequenc  | ast seizure<br>cy of seizures / week <i>or</i>      | /month   |
| - Call 9-1-   | 1 after seizures lasting minutes                    |  |
|   | presentation (what does a typical seizure look li   | ke)  |
|   |   |  |
|   |   |  |
|   |   |  |
|   | Care Provider's Signature                           | Date   |



## 2024 MEDICAL INFORMATION ATTENDING PHYSICAN'S FORM

| Camper's Name  |  |
|--|--|
|  | Phone ( )  |
| Address  | State Zip  |
| Hospital associated with:  |  |
| A current (within 1 year of camp date) health physical   | al may be attached. *Reverse side <b>must</b> be completed by Care Provider. |
| General Physical Condition  Height Weight BP   | <sup>9</sup> Eyes Ears Lungs   |
| ☐ Hypertension ☐ Hypotension ☐ Tach  | hycardia □ Bradycardia □ Constipation  |
| Date of last Tetanus shot  | Is this camper subject to seizures? $\square$ No $\square$ Yes               |
| Should the camper be restricted from a   | any camp activities? □ No □ Yes,   |
| Medication Indicate the following:  ☐ No prescription medication ☐ Independent / Self-Medicating | ☐ Total support in receiving medication                                      |
| Mental Evaluation Diagnosis:   |  |
| Further Comments:  |  |
|  |  |
|  |  |
|  |  |
| Dhysisian's Sis  | nnaturo Data   |
| Physician's Sig  | gnature Date   |