

Discussion Tract 1:

- Who is someone in your life that you can be real with and why?
- Why is it so hard to be transparent about faith struggles at times?
- What kind of faith struggles we ought to share with someone?
- Read James 5:16
 - Why is confessing sins to each other so important? (see 1 John 1:9)
 - How does it produce healing?
 - Does this verse mean we ought to confess our sins to all Christians? What does it mean?
- There are many examples of revivals starting with people getting up and confessing sins. One person would get up and confess, then another and another. Why do you think this happens?
- Do you have a fellow Christian you feel you can confess your sins to?
- How does this help us to know God?