





**ROCK OF AGES LUTHERAN  
PRESCHOOL AND CHILD CARE CENTER  
PARENT HANDBOOK**

PO Box 6941, 80934  
120 N. 31<sup>st</sup> Street  
Colorado Springs, CO 80904  
719-632-9394

[rockofagespreschool@gmail.com](mailto:rockofagespreschool@gmail.com)

<b>Table of Contents</b>	<b>Page</b>
Purpose and Administration	3
Licensing	4
Philosophy and Objectives	2
General Information	3
Enrollment and Withdrawal Policies	3
Tuition Payment Policies	3
Forms	4
Schedule	4
Arrival and Dismissal Procedures	5
Attendance	5
Field Trips	7
Communication With Families	8
Health and Safety	9
Discipline	10
Dress Code	11
Personal Belongings	11
Show and Tell	11
Birthdays	11
Emergency Procedures	12
Daily Activities	13
Learning Centers	13
Circle Time	13
Snack and Meal Time	13
Screen Time	13
Rest Time	13
Curriculum	14
Preparation for School	15

(Revised June 2022)

### **Purpose and Administration**

Rock of Ages Lutheran Preschool and Child Care Center was established by Rock of Ages Lutheran Church in 1983 in order to:

- Provide a safe learning environment with the goal of helping young children develop spiritually, cognitively, socially, emotionally, academically and physically.
- Minister to families in the congregation and the community by providing child care services.
- Provide quality Christian care for children while parents work.

The Center is a non-profit organization operated by Rock of Ages Lutheran Church through the authority of the church's Board of Education.

Rock of Ages Lutheran Preschool and Child Care Center admits students of any race, color, national or ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at this center. It does not discriminate on the basis of race, color, national or ethnic origin in the administration of its policies.

Rock of Ages Lutheran Preschool and Child Care Center is staffed by qualified teachers and care givers who express a love for and understanding of young children. All staff are trained in CPR and First Aid.

### **Licensing**

Rock of Ages Lutheran Preschool and Child Care Center is licensed by the Colorado Department of Human Services, Division of Child Care. Our license number is: 45686.

### **Philosophy and Objectives**

The early childhood years are an important time of development. Children need a stimulating environment in which they can build knowledge through a variety of hands-on experiences and engage in opportunities to explore and manipulate learning materials. Through play, a child develops social skills, emotional awareness, reasoning and logic skills, language skills, and an understanding of their environment.

#### **Objectives**

- Teach, by word and example, the love of God shown through Jesus Christ so each child realizes their uniqueness and value to God.
- Provide children with a safe, nurturing environment in which they may mature and progress socially, academically, emotionally, physically, cognitively and spiritually.
- Prepare young children for future success in elementary school by building a base of knowledge, instilling a love for learning, and encouraging their natural curiosity and desire to learn.
- Help children explore God's world.
- Teach children social/emotional skills necessary to interact appropriately with their peers and adults.

### **General Information**

#### **Enrollment and Admissions Policies**

<b>Age Group</b>	<b>State Ratio</b>	<b>ROA Maximum Class Size</b>
3 years old	1:10/2:11	11
4 years old	1:12/2:18	18

Children aged 3 years old and older must be reliably potty trained to take part in our program. Reliable toilet training is defined as a child who can tell an adult when he or she needs to use the bathroom, being able to manipulate clothes, knowledge of flushing, and washing of hands.

All children should be able to wipe themselves after going to the bathroom. Bathrooms are supervised by teachers while children are using them. None of the 3-4 year olds should be wearing pull-ups to school as a “just in case” measure. Reliably potty-trained children are past this need.

- Enrollment is on a first come, first serve basis.
- Children 3 years old (and reliably potty-trained) through age 5 (not in kindergarten) may enroll.
- Children may enroll 2, 3, 4 or all 5 days per week.
- Children with special needs may be enrolled after conversation to determine if needs can be met through our programming structure. All reasonable accommodations will be made.

### **Re-enrollment**

For those who desire to re-enroll their child for the next school year, a non-refundable registration fee is required. It is currently \$75 for the annual school year fee. To re-enroll, the family’s account must be current. Returning families have a one-month period to re-enroll after which new applicants will be offered openings. Rock of Ages Preschool desires to meet the needs of each student enrolled. However, if it is determined that we cannot meet the educational needs of a student, or if a student’s conduct is inconsistent with the school’s behavior guidelines, we reserve the right to deny enrollment.

### **Withdrawal or Termination**

Our desire is to welcome parents and their children and keep them a part of the Rock of Ages family for as long as it is in the best interest of the child, family and school. However, situations arise with families – a job transfer, financial changes, or family crisis- that necessitates withdrawal from the school. In the event of a withdrawal, a parent is required to send notification in writing to the director. We require a 30-day written notice prior to withdrawing your child. If it is necessary for you to withdraw your child before a month’s notice, you will be charged tuition for the month.

Separation from Rock of Ages Preschool may also arise if the school believes it is in the best interest of the child and school. Accordingly, Rock of Ages Preschool may terminate a child’s enrollment due to one or more of the following:

- Continued failure to keep a sick child at home
- Continued failure to pick up child on time at the end of the program
- A child’s repeated aggressive and uncontrollable behavior

- A parent's serious violation of school regulations or misconduct
- A parent or child's unwillingness to comply and cooperate with the school and staff
- A child's inability to adjust to the program
- Unmet financial obligations to the preschool
- Other reasons where Rock of Ages Preschool has determined that termination is best for the child and the school

The termination process will include documentation of the situation, including the basis for termination, past notifications to the parents, meetings with the parents, identification of opportunities to avoid termination, and other factors necessary to communicate clearly why Rock of Ages Preschool believes termination is the most appropriate course of action.

### **Financial Arrangements**

A schedule of fees is established annually with approval by the Rock of Ages Board of Education and is distributed to current families during the fall semester in preparation for enrollment for the next academic year.

### **Registration Fee for New Students**

A registration fee is required for each child being enrolled. Since payment of registration fee implies intent to attend and will result in a space reserved for the child, it is non-refundable

### **Current Rock of Ages Student Re-Enrollment Fee**

The non-refundable registration fee is due at the time of re-enrollment. Returning families have one month to re-enroll, after which new applicants will be offered openings.

### **Tuition Payment Options**

Preschool and child care tuition is paid in advance monthly and is due on the 5<sup>th</sup> of each month. Tuition is not refundable. Electronic credit card payments are made through the Brightwheel system. There is an option to elect automatic payments or an ACH transfer. Physical checks or cash are also acceptable and may be dropped off in the office.

### **Forms**

The following forms need to be in your child's school file prior to their first day:

- Health Record
- Immunization Record

In accordance with licensing, an updated Health Record is required for continued attendance. Health Records are valid for 12 months. Student files are kept confidential.

### **Schedule**

Children will be expected to attend on their regularly scheduled day as indicated on the registration form. Changes in a student's schedule may be allowed if space is available.

The morning preschool program is from 8:30am to 11:30am. Before School Care is offered from 7am to 8:30am. Lunch and an afternoon enrichment program (child care) are available from 11:30am to 5:30pm.

Scheduled closings include:

- One full week in August for deep cleaning and building maintenance as well as teacher training
- Labor Day
- 3 days in October for Teacher Training
- Thanksgiving (Thursday and Friday)
- Christmas week
- New Year's Day
- MLK Day
- President's Day
- 1 Thursday in March for Teacher Training
- Memorial Day and the week after for deep cleaning and teacher training
- July 4<sup>th</sup>

Summer Camp is available. Information will be sent out by mid-March of each year for Summer Camp enrollment. Summer Camp will generally run from June – mid-August. Dates will vary a bit each year, but a full schedule will be sent out when Summer Camp enrollment opens.

### **Arrival and Dismissal Procedures**

Parking is available at the entrance to the School which may be accessed by either the main church parking lot or through the playground. In order to enter the building please ring the bell and a staff member will let you in.



Bring your child into the building and sign in on the tablet or your phone at the front office. Have your child wash their hands in the bathroom and accompany your child to their classroom cubby area and help them get settled by placing their personal items into their cubby. Check for information from staff. Take your child to their classroom.

We require that your child be brought into the classroom by a responsible adult , 18 years of age or older, with a picture ID available for verification. This person must sign the child in on the sign in/out sheet each day and record the child's arrival time. Likewise, at pick up time, an authorized adult must sign out the child on the sign in/out sheet and record the child's departure time. Please sign in/out your child each day on the tablet through the Brightwheel app.

When picking up your child, please enter the building and sign your child out on the Brightwheel app. Check your child's file folder for information and art work.

Please be on time for pick up. Preschool ends at 11:30am and the afternoon enrichment program ends at 5:30pm. Because our campus closes at 5:30pm, a charge for pick-up after 5:30pm will be assessed at the rate of \$5.00 per minute. This charge will be reflected on your monthly bill.

If your child is still here past 5:30pm, staff will try to contact you and emergency contacts will be called/texted.

Children will be released to the parents and others authorized for pick up on the registration form. Photo ID will be requested when someone the staff does not know comes to pick up. Written notice, signed by the parent and dated, is needed to release a child to anyone not on the authorized list.

Per licensing, children may not be released to any one exhibiting signs of being under the influence of drugs or alcohol.

## **Attendance**

If your child will be absent, please contact the church and school office at: 719-632-9394 or email [rockofagespreschool@gmail.com](mailto:rockofagespreschool@gmail.com)

We hope to see your child every scheduled school day!

Regular attendance and punctuality are necessary to achieve learning goals. If your child needs to be absent from school, please notify the teacher ahead of time or call the school/church in the morning at 719-632-9394. You may also email the school at [rockofagespreschool@gmail.com](mailto:rockofagespreschool@gmail.com) Unless it's an illness, we urge you to keep absences to a

minimum. If your child is sick with any contagious illness, please notify the office immediately. Children with a fever of 100.1 or higher, and/or have vomited in the last 24 hours, must remain at home. A child must be free from fever, vomiting and diarrhea for 24 hours before returning to school. Please note that there is no reduction in tuition due to absences for illness.

### **Field Trips**

Exploration outside of the classroom to enhance learning will be taken in the form of a walking field trip in the immediate vicinity around the church and school. Parents will know in advance the day and time for a walking field trip and a signed and dated permission form will be needed for a child to participate.

### **Communication with Families**

In an effort to establish good communication between home and school, a monthly calendar of events and themes, coupled with newsletters and notices of special events, will be placed in your child's cubby from time to time. We use a communication folder that travels back and forth with your child, which contains additional information and reminders.

Daily, informal communication between families and staff is encouraged. Feel free to talk with us about what is happening in your child's life.

Family/Teacher conferences are held twice a year in October and April. Additional conferences may be requested at any time.

We are here for you. If you and/or your child is going through a particularly stressful time, let us know.

Parents are welcome in the classroom as guests, observers or helpers. Please speak with the director for the best times to come and stay.

The Parent Information Bulletin Board is by the office. Notices, photos of the children, upcoming events and other information is displayed.

If you have concerns about the center, please feel free to contact the Director or Pastor. If unresolved, complaints may be made to:

Department of Human Services, Child Care Licensing

1575 Sherman Street, Denver, CO 80203

303-866-5948 or 1 – 800-799-5876

If child abuse or neglect is suspected, we must, by law, report it to Human Services. Parents may report suspected child abuse or neglect to:

El Paso County Department of Human Services

1675 Garden of the Gods Road, Colorado Springs, CO 80907

719-636-0000

## **Health and Safety**

Healthy habits are taught to the children such as hand washing, covering sneezes and coughs, dressing appropriately for the weather, eating nutritious food, getting plenty of exercise and sleep, etc. We want children and staff to stay healthy and come to school.

However, if a child has a fever of 100.1F or higher, or they have been vomiting, please keep them at home and notify us. Children must be symptom-free for 24 hours, without the assistance of medication, in order to return to school.

You will be notified if exposure to a contagious illness has occurred in the center.

If a child becomes ill while at school, they will be isolated and the parents contacted for immediate pick up.

Staff who have been trained in Medication Administration, are able to give children prescription medication as needed. All medication must be in the original container with the child's name clearly marked. Medication must be accompanied by a form filled out by the child's physician. Medication is kept in a locked box in the school office. Emergency medication, such as an epipen, is kept easily accessible for adults but not accessible for children.

Items such as lotion, chap-stick and sunscreen are considered medication and a parent permission form is needed in order for staff to apply it.

## **Illness and Injury**

### **Precautions**

Communicable diseases spread easily in childcare settings. When it is a child's first experience to a group setting, they may get sick more during their first year of school. The school and teachers take precautions by cleaning and sanitizing as frequently as possible. We take seriously the responsibility to protect children from communicable illnesses and injuries. To further help us keep everyone healthy, we ask that you stop in the restroom sink upon arrival to have your child wash their hands before dropping them off for their school day.

## **Illness at School**

When a student is not feeling well at school, the parents will be notified. Parents are then required to pick up their child as soon as possible, but not later than 1 hour after being notified. If parents cannot be reached by phone, the school will contact the person(s) authorized on the emergency pick up list to pick up the child. Working parents must make arrangements in advance for the care of their children when they are sick.

## **Returning to School**

A child sent home ill will not be allowed to attend preschool the next day unless authorized by a medical doctor. Please do not bring your child to school if illness is suspected. Inform the school immediately if your child has been diagnosed or exposed to a contagious disease so that we can inform parents of possible exposure.

To ensure that sick children have their needs met, and to minimize the spread of illness, your child will need to be kept at home when the following conditions exist:

1. A temperature of 100.1 or higher: Your child must be fever free (98.6F) for 24 hours without the use of fever-reducing medications before returning to school.
2. Vomiting or diarrhea: Your child must be free of these symptoms for 24 hours without the use of medications before returning to school.
3. Significant symptoms of respiratory illness: Thick colored mucus from the eyes or nose, serious cough, wheezing, runny or crusty eyes, sore throat or earache.
4. Rash of unknown cause: If your family physician can identify the rash as not being contagious, we will admit the child to school, providing the rash is not making him/her sick or excessively uncomfortable. Please bring a note from the doctor clearing them to return.
5. Suspected Conjunctivitis (Pink Eye): Symptoms include red, itchy eyes with crusts that form on the eyelids.
6. Contagious Conditions: Contact Rock of Ages Lutheran Preschool immediately if your child contracts a communicable disease such as, but not limited to: strep throat, scarlet fever, head lice, chicken pox, impetigo, ringworm, Fifth's disease, hand-foot-mouth disease, pink eye, mononucleosis.
7. Head Injury: With any brief loss of consciousness, severe headache, or visual disturbances
8. Any suspected fracture: Unless the parent requests that the child be allowed to stay at school. Obvious displaced fractures must be sent home.

9. Cuts, gashes or open sores: That require additional medical attention (e.g. bleeding that cannot be controlled).
10. Infections requiring a doctor's prescription: Keep your child home for 24 hours after starting an antibiotic.

## **Medication**

If a child has a prescribed medication, his/her parents are expected to:

1. Complete the Parent Release for Administration of Physician Prescribed Medication by School Personnel form. These authorizations, which are completed when the child is enrolled, or with the Director, must be renewed whenever the prescription changes and/or when the expiration of the Physician's orders or medication has been reached.
2. Provide prescribed medication, which must be in the original container, prescribed to the student to whom it will be administered, and with the attached label containing the following information:
  - a. Child's name
  - b. Physician's name
  - c. Name of Medication
  - d. Dosage, schedule and dosage form
  - e. Date of expiration of the medication
  - f. Prescription number
3. Develop with the Physician a schedule for taking medication at school.
4. Assume full responsibility for the supply and transportation of all medications to and from school.

## **Immunizations**

All Students must meet the Colorado State immunizations requirement before attending school. A copy of the child's current immunization record from a health care provider must be submitted at the time of registration. Parents may also submit a medical or religious exemption form. The forms are available on our school website [roalcms.org/school](http://roalcms.org/school)

## **Discipline**

Strategies are taught to the children to help them manage their emotions in appropriate ways. Children are taught Fair Ways to Play including taking turns, sharing and playing together.

A child may be removed from a situation for a few minutes. Staff talk to the child and pray with them before they return to an activity.

If a child's behavior puts others at risk, a conference will be held with the family. Goals and a time line will be established to replace inappropriate behavior with appropriate behavior. This plan of action will go into effect. Outside resources may be necessary. If behavior continues or worsens, discussion will take place to determine what is best. The school would remove a child from the program only as a last resort.

### **Dress Code**

Children should be dressed in comfortable, washable, easy to manage clothing suitable for active and messy (such as art work) play. Children need to be able to manage toileting independently so please no snaps, buttons, zippers or belts.

Please label outdoor clothing with your child's name. We go outside daily, weather permitting, so please dress your child for the ever-changing Colorado weather!

### **Personal Belongings**

Please label your child's personal belongings.

Supply the school with a set of extra clothes for your child including a pair of underwear, socks, shirt and pants in a gallon Ziploc bag. The extra clothes may be kept in your child's backpack or we can store them in the bin near the bathrooms.

You may send a blanket and crib sheet for your child to use at rest time. All bedding will be sent home weekly to be laundered.

Children are encouraged to bring a back pack or tote bag. Bedding should be brought back and forth each week in the child's backpack or tote bag.

Personal items are placed in your child's cubby space.

### **Show and Tell**

Communication skills are practiced when children share their Show and Tell items. The Show and Tell category is listed on the monthly calendar. Please send one item that matches the category on your child's show and tell day. Help your child to choose an appropriate item, not necessarily a toy, to share.

### **Birthdays**

Birthday celebrations are a special occasion! If you wish to celebrate your child's birthday at school, please let the teacher know at least one week in advance. Note that all birthday food items or treats must be nut free and store bought with the original packaging and seal intact. If the entire class is invited, you may bring birthday invitations for a party to school. If a birthday is to be celebrated away from the school and the entire class is not invited, be considerate of our children's feelings and mail the invitations.

### **Emergency Procedures**

**Heavy Snow or Blizzard:** If School District 11 is closed, the preschool program is cancelled. Child care may be available if a qualified staff member can get to the school. If a severe storm arrives while children are at the school, parents will be contacted for early dismissal pick up.

**Tornado:** A tornado drill is practiced monthly. In the event of a tornado, children and staff will gather in the church basement by the north wall until conditions are safe.

**Fires:** A fire drill is practiced monthly. In the event of a fire, we will exit using the nearest exit and gather at the east end of the church parking lot. A head count will be taken and parents contacted.

**Lost Child:** A daily list noting the children present, coupled with frequent head counts, especially after every transition, is used to ensure all children are present and accounted for at all times. In the event a child goes missing, a complete search of the facility will be conducted. If the child is not located, both police and parents will be contacted immediately.

**Unauthorized Person Pick Up:** In the event an unauthorized person comes to pick up a child, the staff will make every effort to keep the child on the premises. If the situation becomes threatening or hostile, the child will be allowed to go. The police and the child's parents will be notified.

### **Excessively Hot or Cold Weather**

In the event of very hot or cold temperatures, children may go outdoors for recess briefly. Children will be encouraged to play in the shade and drink water on very warm days.

### **Website**

School information, newsletters, calendars, etc. are posted on our website at <http://roalcms.org/school>

### **Daily Activities**

**Learning Centers:** Children have time to explore and choose different learning centers which have been set up to enhance the subjects being studied and may include art projects, hands on exploration, books, role playing, etc. The emphasis is on problem solving, decision making and fine motor development.

**Circle Time:** Children gather together for planned activities such as Jesus Time, music time, stories and finger plays. Teachers may use flannel boards, books on CD, dry erase boards, puppets, pictures or objects to engage children's interests. Listening and speaking skills are practiced during circle time.

**Snack Time:** Children enjoy snack mid- morning and mid -afternoon. This is a time to eat, drink and share conversation. Self-help skills are practiced as children help prepare food, pour their own drink and clean up afterwards. Good nutrition is key. If you would like to provide a healthy snack, please speak to the teacher so you bring enough for everyone and avoid food allergies that might be in the classroom.

**Screen Time:** Children may occasionally view an educational video. This will be done on a limited basis.

**Rest Time:** Children are given time to rest after lunch. Licensing requires children rest for 30 minutes. If a child is awake after 30 minutes, they will be allowed to get up and engage in quiet activities.

**Afternoon Enrichment Time:** Children have learning opportunities through science experiments, social/emotional activities, story time, art projects, outside play, etc.

## **Curriculum**

Each day a variety of interesting, creative and stimulating activities are provided for children to engage in and learn through self-discovery and play. A circle time reinforces the theme and enhances learning. All domains are woven into a teacher's weekly lesson plans including:

### **Language experiences:**

Action stories

Letter recognition

Listening to others

Poetry and finger plays

Printing letters

Puppets



Relating personal experiences

Role play and pretending

Sharing information in groups

Songs

**Music:**

Games

CDs

Rhythm Instruments

Songs

**Math Activities:**

One to one correspondence

Shapes

Sorting and patterning

Counting

Measuring

More/less

Estimating

Simple addition

**Science Activities:**

Classification and grouping

Size/weight comparison

Observation and prediction

Experiments

**Jesus Time:**

Bible stories, songs and prayers

Christian living and loving

God made me

God's creation

Jesus, friend of little children and Savior for all

**Physical Education:**

Cooperation through group games

Health and safety related to our bodies

Large muscle development and coordination

Small muscle control

**Social Studies:**

Community Helpers Friends and social rules

Home and family Transportation

Feelings and emotions

Holidays and Birthdays

Other people and cultures

**Art:**

Drawing with a variety of medium

Creativity and self-expression

Painting

Cutting and gluing

Playdough, modeling clay, kinetic sand

Collage

**Preparation for School**

Starting school is a big step in a child's life. The best preparation on your part is to be positive and have a confident attitude that school is a place for fun and learning, and teachers are friends. Here are some suggestions to help your child make a smooth and successful transition from home to school:

- Encourage independence with dressing and toileting
- Praise attempts at new experiences and self-expression
- Set and maintain behavior limits that are firm and fair
- Provide social interaction with children who are the same age

**Spiritual Development – "Jesus Time"**

An important part of the children's day is devoted to learning about Jesus. The children will learn to sing songs to praise God, pray before meals and snacks, start recognizing the meaning of prayer, participate during Jesus Time, and attend weekly chapel.

The children will also be learning the following Bible concepts throughout the year:

- God makes all things and all people
- God made me special

- God's love is for everyone
- Sin came into the perfect world
- God loves me even when I do wrong
- God wants me to obey His commandments
- God helps me when in need
- God calls me His child
- God is powerful
- I will praise God
- Angels tell of Jesus' birth
- Jesus is born
- Jesus is God's son and without sin
- Visitors worship baby Jesus
- Jesus grows up
- God tells us to baptize believers
- Jesus calls friends to help him
- Jesus does many miracles, he cares about people that are hurting
- Jesus tells stories about how we should live, these are called parables
- Jesus takes time for little children
- Jesus is kind to all people
- Jesus teaches us to pray
- People praise Jesus
- People hurt Jesus
- Jesus dies so I can live! Jesus rose from the grave
- Jesus went to Heaven, but cares for us each day
- Jesus wants to live in my heart

**Pre-School Goals:**

Children will learn through play with age and developmentally appropriate academic activities. The class will focus on social/emotional development, interaction with others, and Pre-K prep.

**Cognitive Development: Thinking**

- Follows classroom routine independently
- Follows most safety rules
- Is able to follow 2-3 step oral directions
- Listens attentively to age-appropriate stories
- Participates willingly in most activities
- Understand concepts like grouping and matching (for example, recognizing and matching colors)
- Organize materials on their own, for example by stacking blocks or rings in order of size
- Identify parts of a whole, like a slice of pie
- Draw, name and briefly explain somewhat recognizable pictures that are meaningful to them
- Actively seek information through “why” and “how” questions
- Tell their full name and age
- Attend to an activity for a longer stretch of time (between 5-15 minutes)
- Learn both by observing and listening to adults’ explanations
- Show awareness of past and present
- Communication
- Make themselves understood to strangers, despite some sound errors
- Use and understand sentences
- Use more complex grammar, such as plurals and past tense
- Understand sentences involving time concepts (for example, “Grandma is coming tomorrow”) and narrate past experiences
- Understand size comparisons such as big and bigger
- Understand relationships expressed by “if...then” or “because” sentences
- Sing a song and repeat at least on nursery rhyme

**Social/Emotional Development: Social**

- Share toys, taking turns with assistance
- Initiate or join in play with other children and make up games
- Begin dramatic play, acting out whole scenes (such as traveling, pretending to be animals)
- Shows signs of empathy/cares for others
- Shows respect for others and their things
- Develops a sense of right vs. wrong
- Imitates everyday activities
- Developing spatial awareness
- Reacts appropriately to actions of others

**Social/Emotional Development: Emotional**

- Follow a series of simple directions
- Complete simple tasks with food without assistance
- Rest quietly at rest time
- Wash hands unassisted
- Use the toilet and manipulates appropriate clothing
- Blow nose when reminded
- Seek adult help when needed
- Make appropriate choices
- Separate well from parent/caregiver

**Physical Development: Fine Motor Skills**

- Drive pegs into holes
- Draw crosses and circles
- Manipulate clay by making balls, snakes, etc.
- Attempt to hold crayon/pencil correctly in tri-hold grasp

- Attempt to hold scissors correctly
- Attempt to cut on lines
- Attempt to manipulate buttons/zippers
- Build a tall tower of blocks
- Dominant hand, as observed

**Physical Development: Gross Motor Skills**

- Run around obstacles
- Walk on a line
- Balance on one foot
- Push, pull and steer toys
- Ride a tricycle
- Use a slide without help
- Throw and catch a ball
- Manipulate stairs, assisted by an adult
- Jump from spot to spot
- Throw a ball overhand
- Catch a bounced ball
- Put his/her coat on independently

**Math:**

- Verbally counts to 10/20
- Determine the number of items in a collection up to five
- Recognize numerals 1-5
- Sorts objects into sets of three
- Recognize shapes: circle, square, triangle, star, heart, rectangle, diamond, oval
- Patterning
- Sequencing 5 items

- Daily counts days on calendar
- Opposites full/empty, inside/outside, big/small, etc.
- Size terms – many/same/more/fewer
- Ordinal terms first/last
- Complete simple “insert” puzzles
- Understand and use words representing physical relations or positions (over/under/above, beside/next to, etc.)
- Develop a sense of time through participation in daily activities
- Deductive reasoning

**Art:**

- Scribbles
- Straight and curved introduced
- Colors: red, orange, yellow, green, blue, pink, purple, brown, black, white, gray
- Shades of colors introduced
- Mixing colors
- Textures
- Creating with different objects/materials
- Paper tearing
- Scissor skills
- Picture books

**Music:**

- Beat
- Finger plays
- Singing
- Introduction to various music types
- Rhythm games
- Echo rhythm

- Musical instruments
- Loud/soft and high/low
- Dance

**Concepts Followed:**

- Self-concept unit (me, myself and I)
- Family
- Animals/Pets
- Community Helpers
- Christian holidays/Holidays
- Working together
- Respect others and property
- Respect self
- Transportation
- Stranger Danger
- Being a friend/making friends
- Manners/kind words
- Feeling emotions/communicating
- Diversity among us
- Care for our world
- Sand/Water play
- Environmental sounds/smells
- Identifying body parts
- Importance of exercise/nutrition
- Five Senses
- Plants and seeds

**Pre-Kindergarten Goals:**



The class is developmental readiness class. Children will review Preschool goals, learn through play and academic activities to prepare for Kindergarten.

**Cognitive Development: Communication**

- Use language to converse and exchange information
- Retell a story
- Combine thought into one sentence
- Ask “when?”, “how?”, and “why?” questions
- Refer to causality by using “because” and “so”
- Follow three step directions
- Understand comparatives like loud, louder, loudest
- Listen to long stories
- Understand sequencing of events when clearly explained
- Use of descriptive word
- Speaks clearly in complete sentences
- Lists words for a given topic, i.e. animals, colors

**Thinking:**

- Actively seek information and new experiences from the people in his/her environment
- Play with words, mimicking and creating sounds, rhymes
- Draw, name and describe pictures
- Tell their town and state

**Social/Emotional Development: Social**

- Aware of themselves as individuals
- Show some understanding of moral reasoning
- Develop table/social manners
- Shows character development
- Compare themselves with others
- Being attentive and focused in small and large groups

- Problem solving/resolution
- Use appropriate language/behaviors for school

**Social/Emotional Development: Emotional**

- Interested in relationship with others
- Develop friendships
- Express more awareness of other people's feelings
- Enjoy imaginative play with other children, like dress up or house
- Bring dramatic play closer to reality by paying attention to detail, time, and space
- Cares for bathroom needs independently
- Correctly washes hands independently
- Self-help skills
- Self-discipline and responsibility

**Physical Development: Fine Motor**

- Holds and uses pencil/crayon correctly
- Buttoning
- Zipping
- String beads
- Hold/use tweezers with the pincer grasp
- Play dough
- Manipulatives
- Use scissors
- Cut on a line continuously
- Copy squares and crosses
- Exposure to upper and lower case letters
- Learn words that start with each letter
- Introduce writing first and last name using upper and lower case letters

**Physical Development: Gross Motor**

- Exercise
- Ball skills – holding, bouncing, throwing, catching
- Balance beam – walking and standing
- Spatial awareness/personal space
- Galloping
- Skipping
- Running
- Walk up and down stairs without assistance, alternating feet
- Turn somersaults
- Jump on one foot
- Walk in a straight line
- Walk backwards
- Jump forward many times without falling
- Jumping over an object

**Math:**

- Rote count to 30
- Count objects to 10
- Recognize numbers up to 15
- Write numbers up to 12
- Match number of objects to 12
- Sequencing 3-5 items
- Patterning
- Sorting by color, size and shape
- Recognize shapes: circle, square, rectangle, triangle, oval, diamond, star, heart
- Calendar, days of the week, months and year
- Understand order and process

**Art:**

- Paint
- Draw a person with detail
- Simple drawing
- Recognize colors: red, orange, yellow, green, blue, purple, brown, black, white, gray, pink
- Coloring
- Texture in art
- Gluing
- Collage
- Mixing colors
- Book illustrations
- Craft projects

**Music:**

- Musical Instruments
- Basic rhythms
- Fast and slow
- Sing songs (build a repertoire of songs)
- Beat
- Finger Plays
- Sing
- Dance

**Concepts Followed:**

- Nature
- Plants
- Animals
- Hot/Cold
- Textures

- Family
- Seasons
- Weather
- Sink/Float
- Magnets
- Five Senses
- Dental Health
- Me, myself, and I
- Body Parts
- Nutrition and Health
- Dinosaurs
- Shadows
- Insects
- Christian holidays/Holidays
- Community Helpers
- Friendship
- Diversity